Ω I	Pre/P	ost	Test (Question	naire
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Survey	#	

Activity Date Location

Pre-Test Questions: Circle the best answers.

(answers are in bold)

- 1. Women ages 18-45 and children 1-17 can eat 2 serving per week of what type of fish?
 - a. White croaker
 - b. Jacksmelt
 - c. Shark
 - d. Striped bass
 - e. Don't know
- 2. True or false, the developing fetus is sensitive to the harmful effects of mercury and PCBs.
 - a. True
 - b. False
 - c. Don't know
- 3. How much striped bass, jacksmelt, or California halibut can women over 45 and men over 17 safely eat from San Francisco Bay?
 - a. None
 - b. 2 servings/week
 - c. 5 serving/week
 - d. 7 servings/week
 - e. Don't know
- 4. What type of San Francisco Bay fish has low levels of contaminants, high levels of omega-3s, and can be eaten 2 times per week by sensitive populations?
 - a. Chinook (king) salmon
 - b. White croaker
 - c. Shark
 - d. Sturgeon
 - e. Don't know
- 5. Which type or types of San Francisco Bay fish should not be eaten by anyone?
 - a. Brown rockfish
 - b. Jacksmelt
 - c. Surfperches
 - d. Halibut
 - e. Don't know
- 6. How can you prepare fish to reduce the amount of PCBs?
 - a. Soak fillet in milk overnight before cooking
 - b. Remove and discard the skin
 - c. Cook a high temperature (>400°F)
 - d. Don't know
- 8-1-11 San Francisco Bay Fish Project

Post-Test Questions: Circle the best answers.

Survey	#	
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San Francisco Bay Advisory Fish Species

Surfperches









and other surfperches

White Croaker



Leopard shark (and other sharks)



Sturgeon



Striped Bass



Jacksmelt



Chinook (King) Salmon



Brown Rockfish



California Halibut

