

# PFAS in Bay Fish: Driver of Concern

Miguel Mendez, Rebecca Sutton, and Jay Davis  
San Francisco Estuary Institute

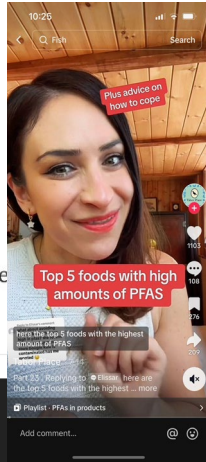
RMP Annual Meeting, October 2023



# PFAS: 'Forever Chemicals'

## 3M Reaches \$10.3 Billion Settlement in 'Forever Chemicals' Suits

The deal followed an agreement by Chemours, DuPont and Corteva to pay \$1.19 billion to help resolve claims that the chemical manufacturers contaminated drinking water across the country.



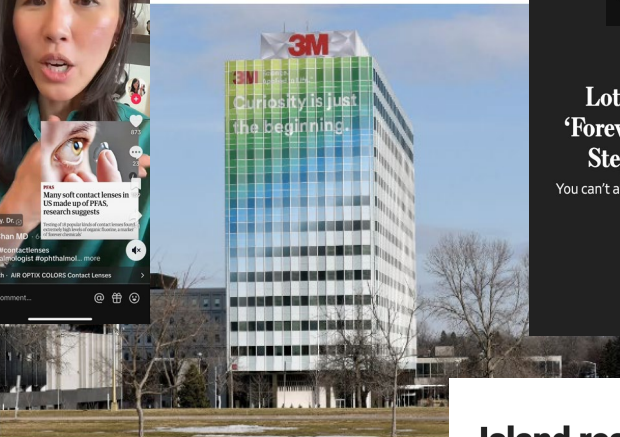
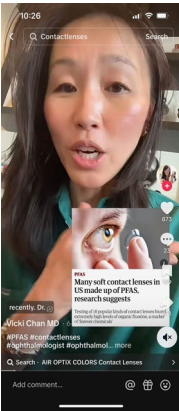
## Biden Administration to Restrict Cancer-Causing 'Forever Chemicals'

The government will strictly limit in drinking water two chemicals that are ubiquitous in modern society but are linked to a range of health effects.

Share full article

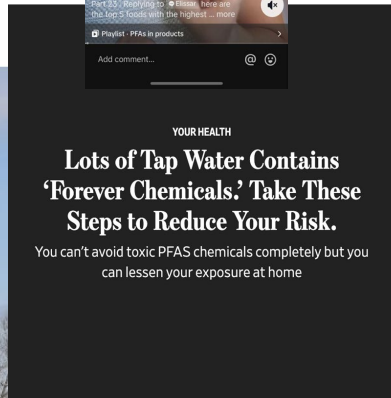
## 'Forever Chemicals' Are Everywhere. What Are They Doing to Us?

PFAS lurk in so much of what we eat, drink and use. Scientists are only beginning to understand how they're impacting our health — and what to do about them.



The headquarters of 3M in Maplewood, Minn., in 2020. The complaints accusing chemical manufacturers of contaminating drinking water.

By Lisa Friedman and Vivian Giang  
June 22, 2023



## Island residents seek \$40M from Wisconsin city over PFAS contamination

In a Wisconsin town over 500 wells were found to be contaminated with PFAS as of June 2021

Associated Press  
Published July 14, 2023 2:16pm EDT



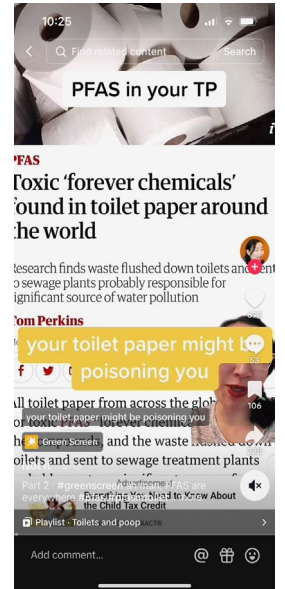
Photo: iStock/sonsam

## Forever Chemicals Are in Nearly Half of America's Tap Water. Here's How to Reduce Your Exposure.

PUBLISHED JULY 24, 2023

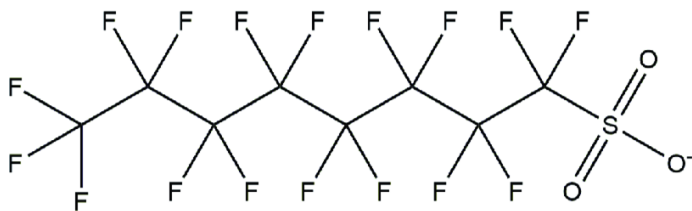
Tim Heffernan

Clean, safe drinking water is a luxury that many people in the United States take for granted. But your tap water may not be as safe as you think.

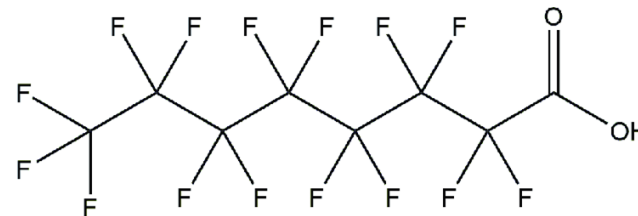


# Per- and Polyfluoroalkyl Substances (PFAS)

- >15,000 known compounds
  - **PFOS** and PFOA most well-known and studied
- Used in countless consumer, commercial, and industrial products
- Highly persistent
- Bioaccumulative
- Toxic to aquatic life and humans



Perfluorooctane sulfonate (PFOS)

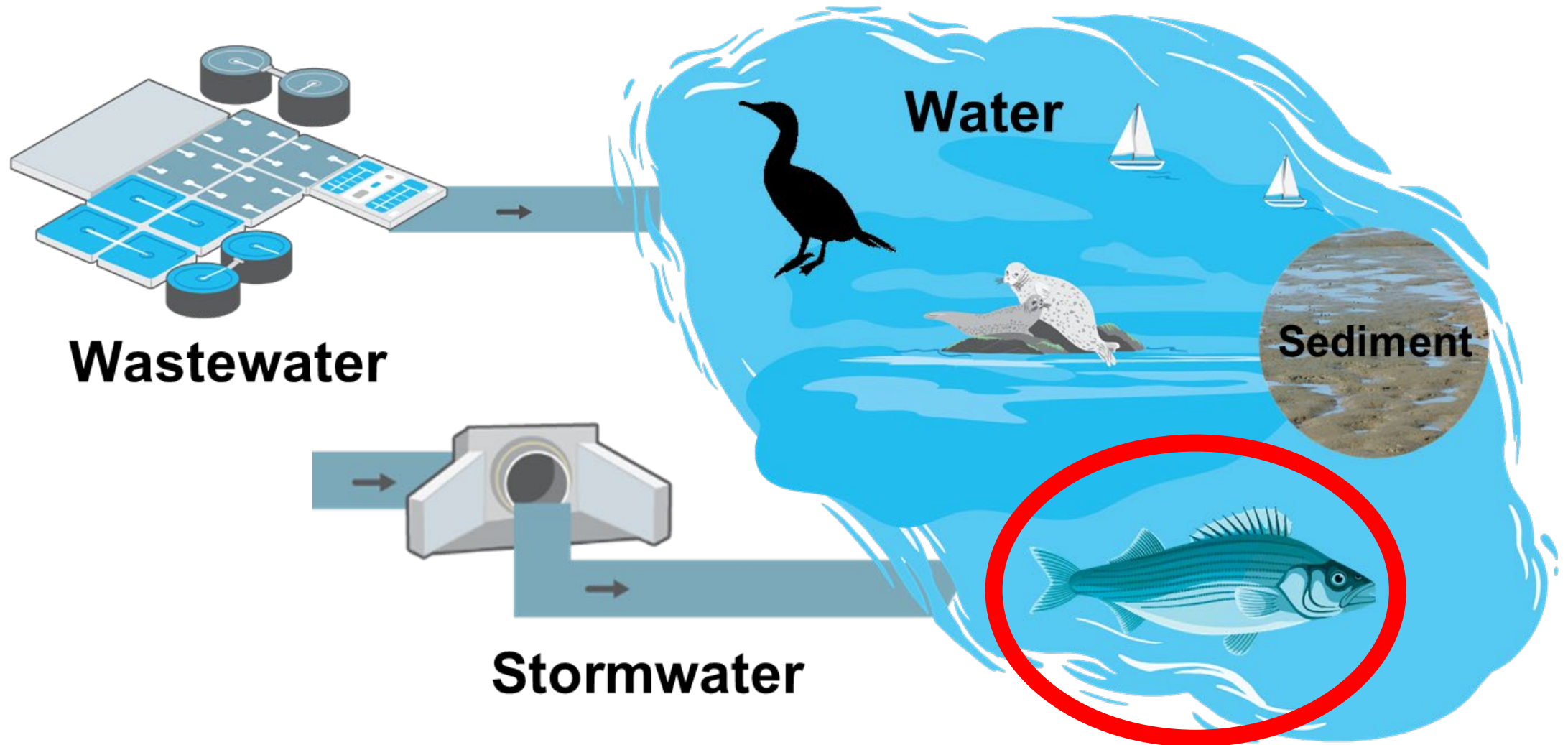


Perfluorooctanoic acid (PFOA)



Image Credit: Regenesis

# Monitoring PFAS in San Francisco Bay



# Bay Fish Consumption Advisory

- RMP data into information
- Pretty restrictive for the sensitive population
- Driven by mercury and PCBs – PFAS not included in the assessment



Women  
(18 – 49 Years)

Children  
(1 – 17 Years)

**2** TOTAL SERVINGS A WEEK

OR

**1** TOTAL SERVING A WEEK

**0** DO NOT EAT



web [www.oehha.ca.gov/fish](http://www.oehha.ca.gov/fish)  
email [fish@oehha.ca.gov](mailto:fish@oehha.ca.gov)  
phone (916) 324-7572

## A GUIDE TO EATING FISH *from* SAN FRANCISCO BAY

(ALAMEDA, CONTRA COSTA, MARIN, NAPA, SAN FRANCISCO, SAN MATEO, SANTA CLARA, SOLANO, SONOMA COUNTIES)

**WOMEN 18 – 49 YEARS AND  
CHILDREN 1 – 17 YEARS**

**Eat the Good Fish**  
Eating fish that are low in chemicals may provide health benefits to children and adults.



**Avoid the Bad Fish**  
Eating fish with higher levels of chemicals like mercury or PCBs may cause health problems in children and adults.



**Choose the Right Fish**  
Chemicals may be more harmful to unborn babies and children.



American Shad  
♥ high in omega-3s



Chinook (King) Salmon  
♥ high in omega-3s



California Halibut



Jacksmelt



Barred Surfperch



Black Perch



Walleye Surfperch



Northern Anchovy  
♥ high in omega-3s



Rubberlip Surfperch



White Surfperch



White Croaker

**Do Not Eat Any Fish from  
Lauritzen Channel**



Shark species



Striped Bass



Topsmelt



Mississippi Silverside



Pacific Sardine



Shiner Perch



White Sturgeon

**Serving Size**

A serving of fish is about the size and thickness of your hand. Give children smaller servings.

**For Adults**



**For Children**



**Eat only the skinless fillet**



Some chemicals are higher in the skin, fat, and guts.

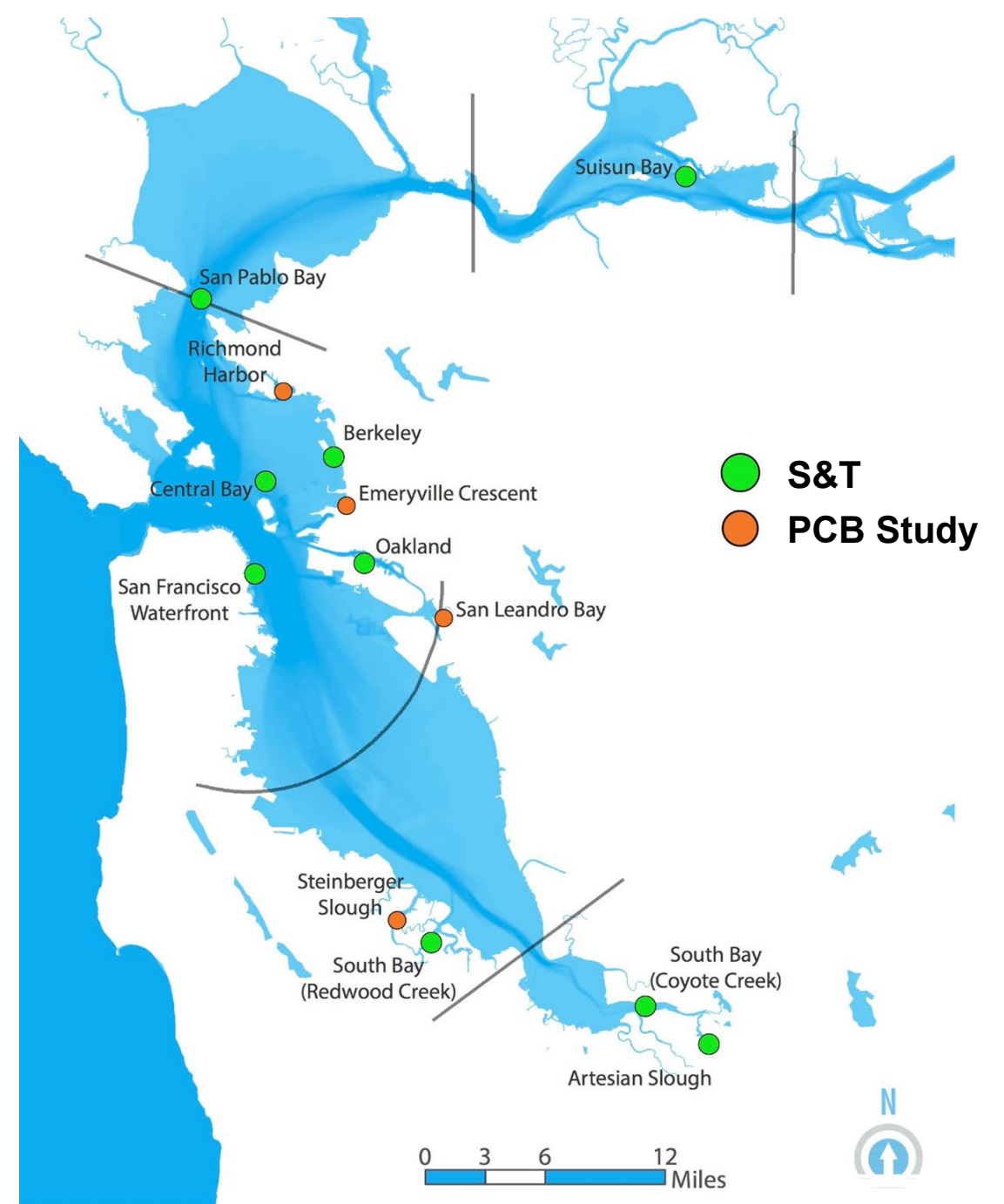
**Eat only the meat**



Updated 04/2023

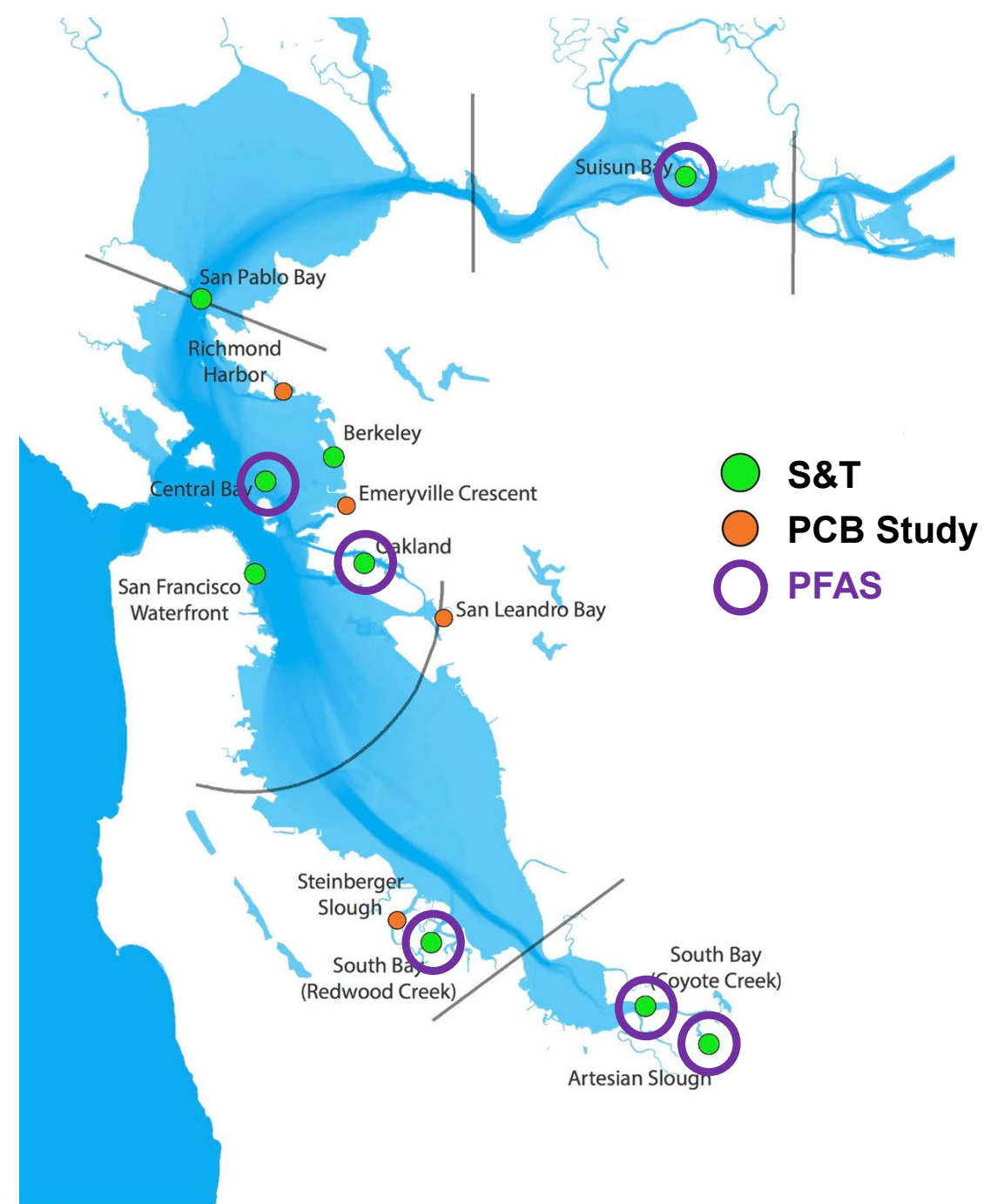
# RMP Sport Fish Monitoring

- One of the best fish monitoring programs anywhere
- Began in 1994
- Most recently in 2019
  - 5-year cycle
  - 13 locations
  - Range of species (16 in 2019)
  - Hundreds of samples
  - Many contaminants
- Gaps remain



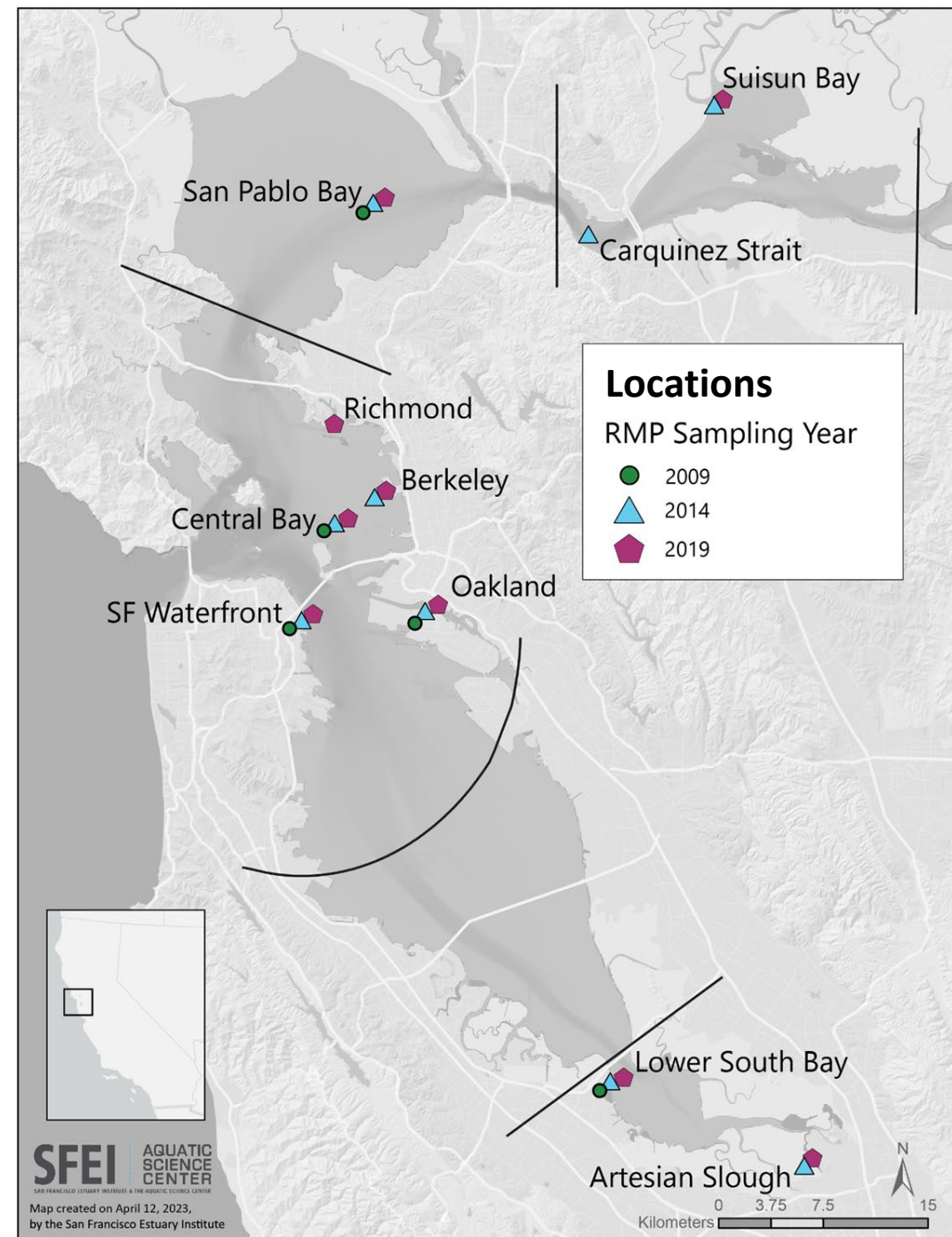
# RMP **PFAS** Sport Fish Monitoring

- One of the best **PFAS** fish monitoring programs anywhere
- Began in **2009**
- Most recently in 2019
  - 6 locations
  - 5 species
  - 111 fish
  - Only 16 samples
- Bigger gaps remain



# RMP *PFAS* Fish Monitoring 2022 Update

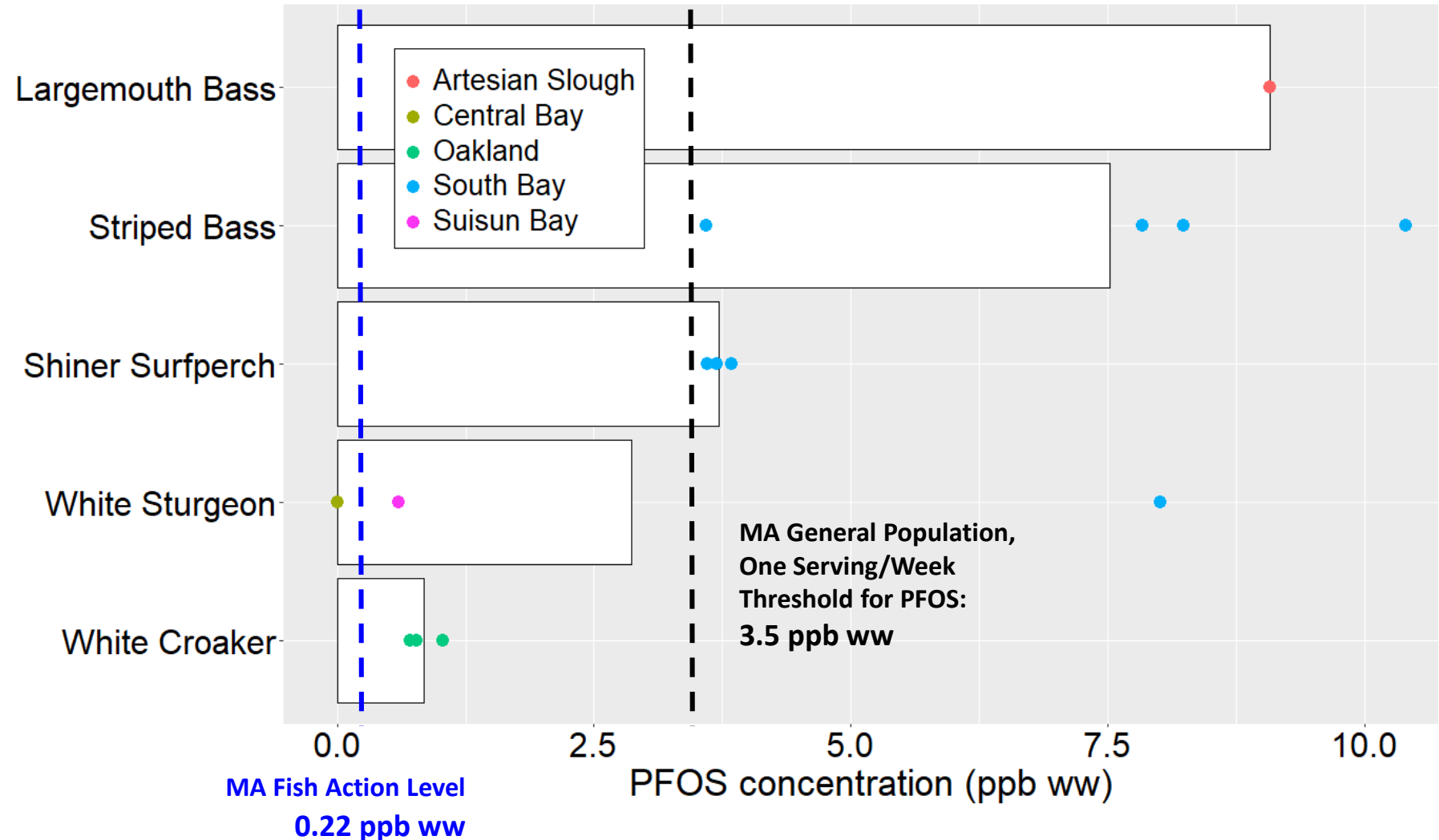
- Analysis of 56 archived samples from 10 Bay locations
  - 4 species
  - 2009: 7 samples
  - 2014: 28 samples
  - 2019: 21 samples
- Targeted method for 40 PFAS
- Analysis of combined dataset
  - Varying analytical methods





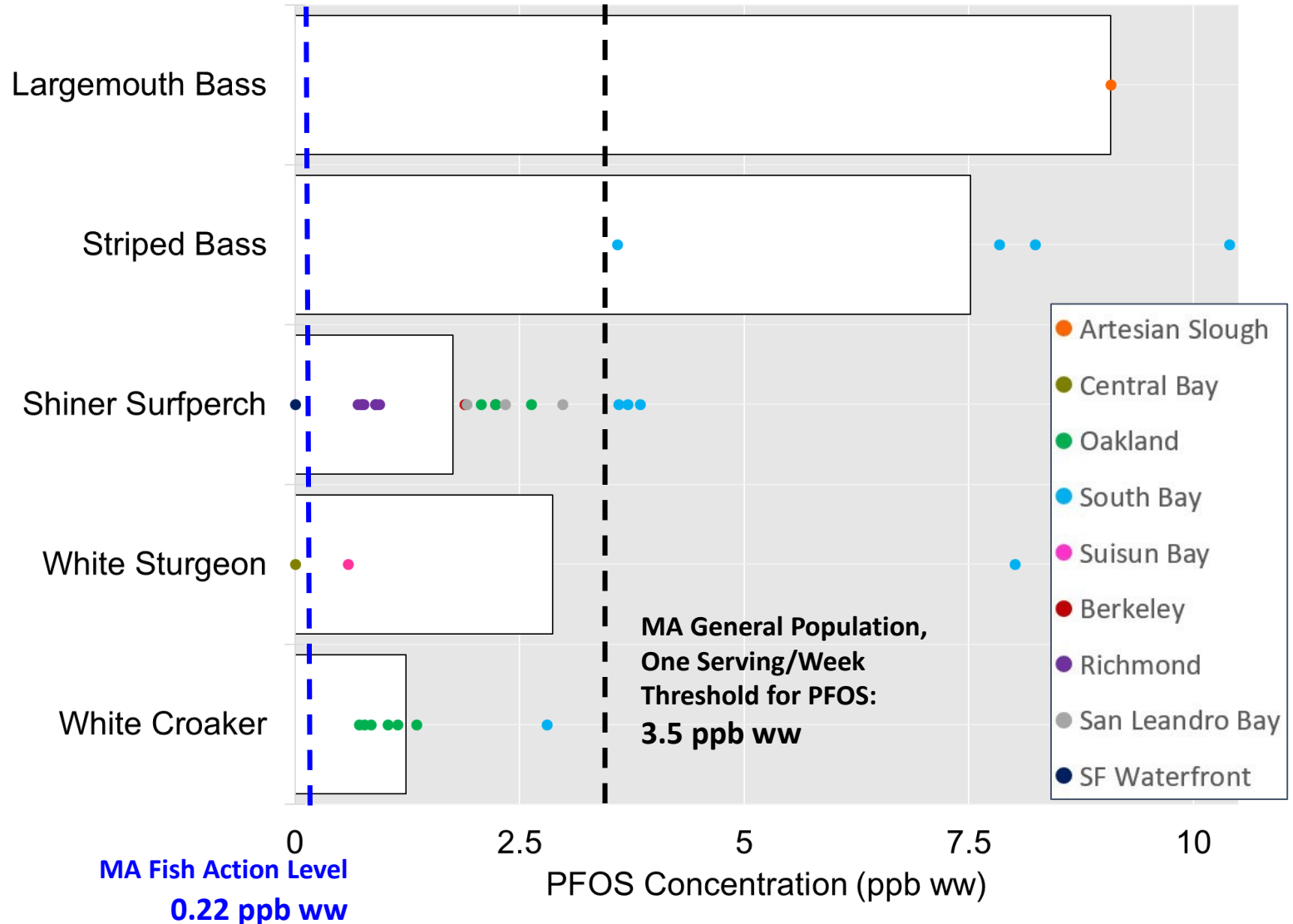
# PFOS Concentrations in Bay Sport Fish (2019): Initial Dataset

- Limited dataset
  - 16 samples
- CA does not have a threshold
- All South Bay samples and three averages above threshold



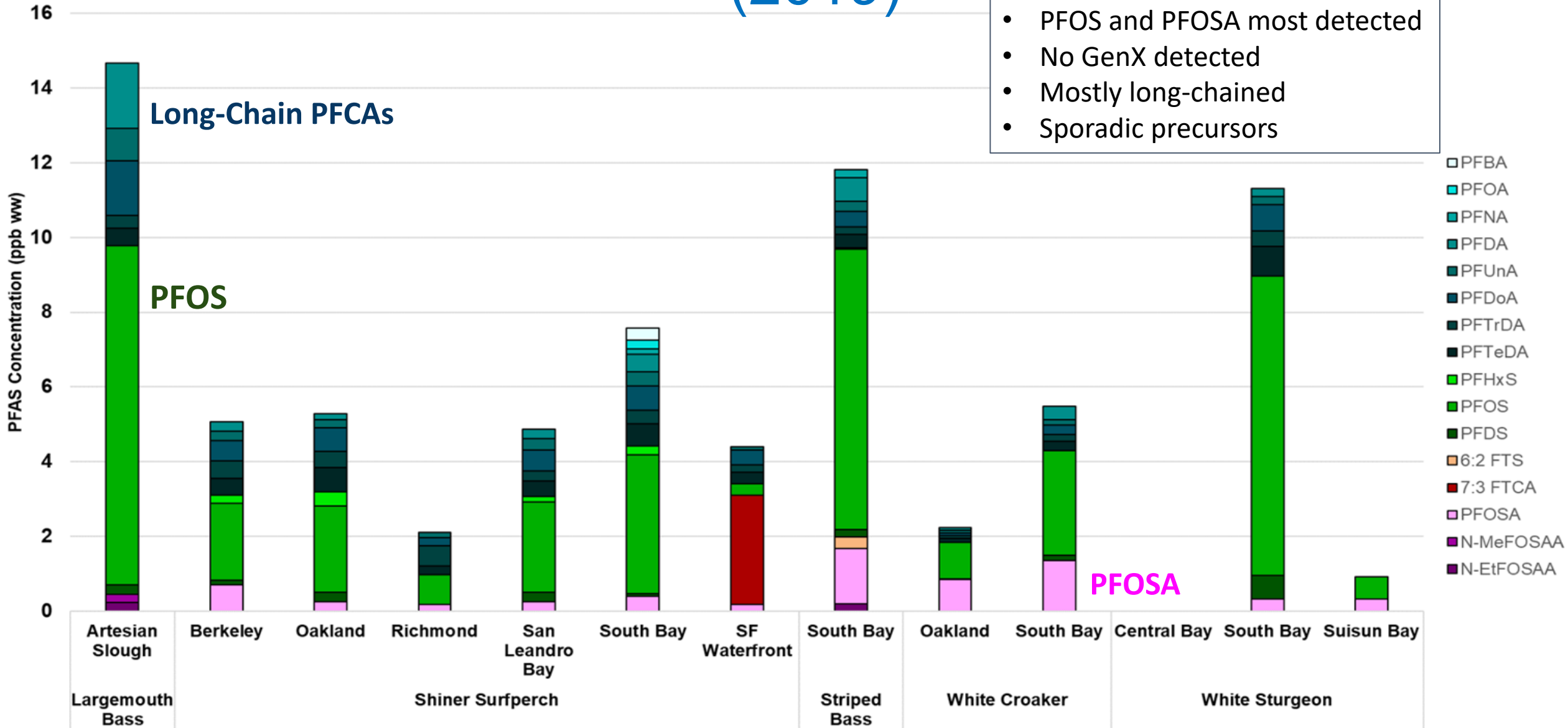
# PFOS Concentrations in Bay Sport Fish (2019): Expanded Dataset

- Larger dataset
  - 35 samples for 2019
- CA still does not have a threshold
- **Most** South Bay samples and **two** averages above threshold
- 26% of all samples above 3.5 ppb
  - All from South Bay
  - Similar across all years



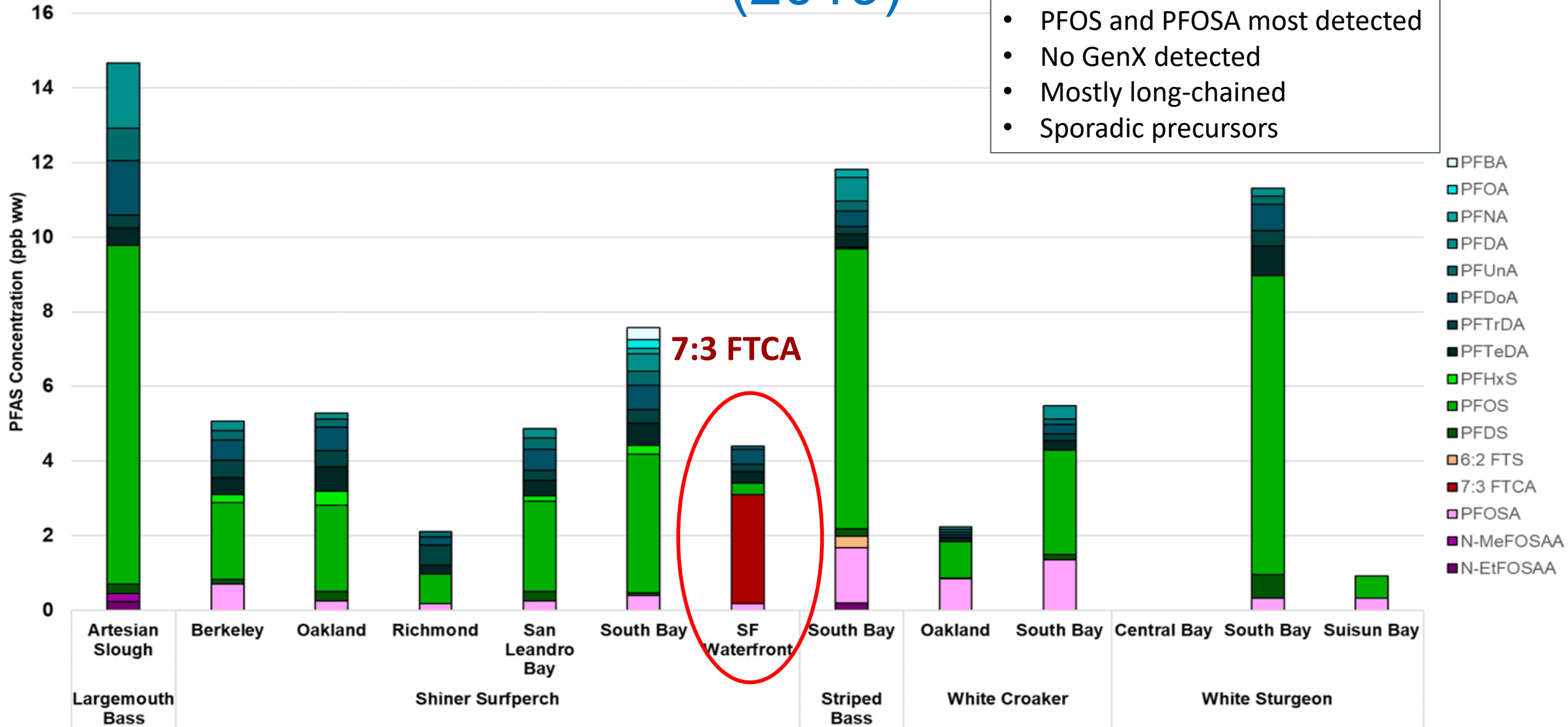
# Average Sum of PFAS by Species and Location (2019)

- PFOS and PFOSA most detected
- No GenX detected
- Mostly long-chained
- Sporadic precursors

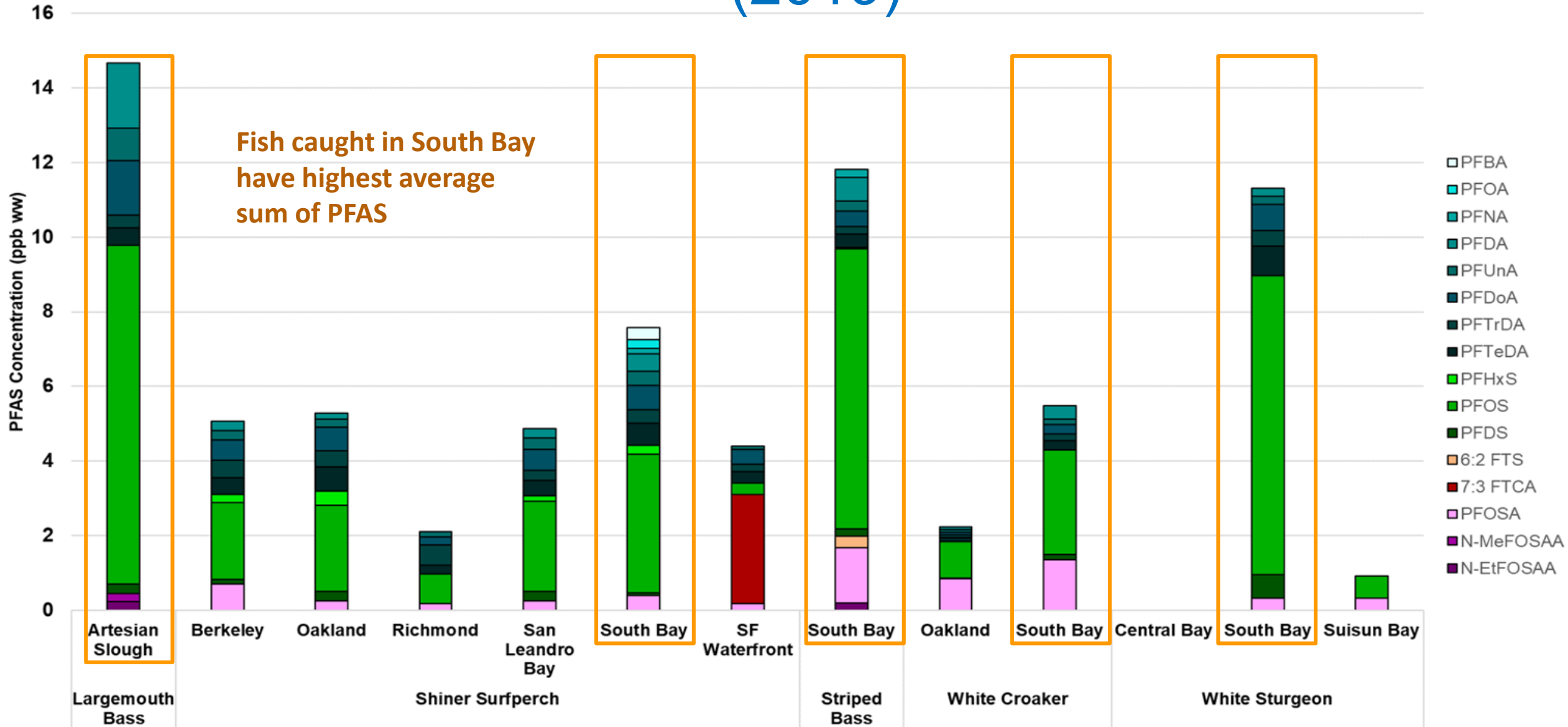


# Average Sum of PFAS by Species and Location (2019)

- PFOS and PFOSA most detected
- No GenX detected
- Mostly long-chained
- Sporadic precursors

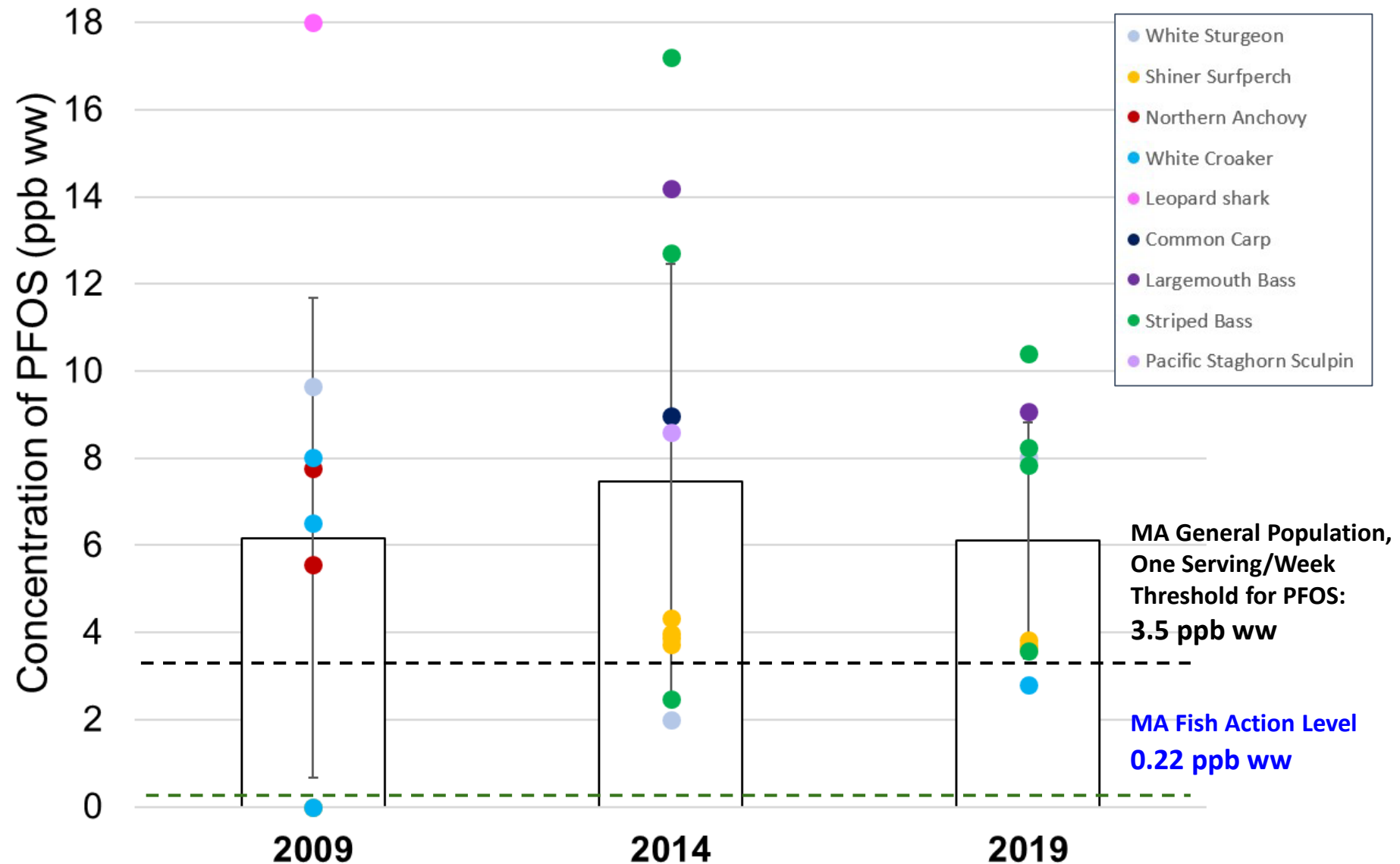


# Average Sum of PFAS by Species and Location (2019)



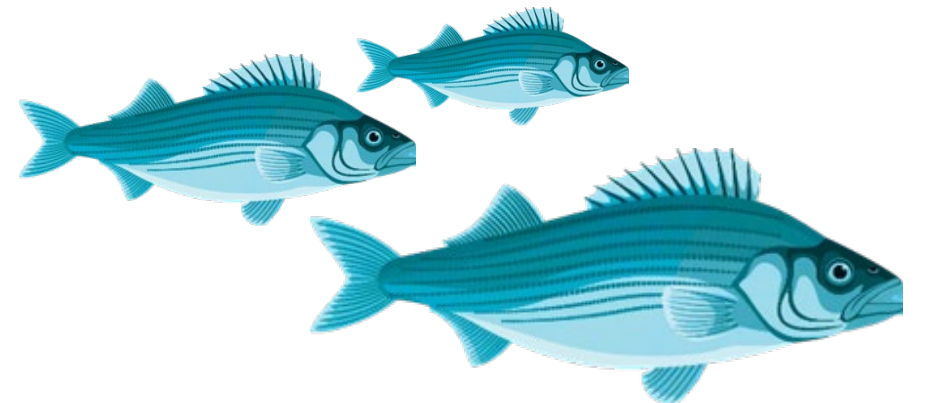
# PFOS in South Bay Fish Over Time

- 81% of all sampled South Bay fish above MA weekly threshold
- Spotty dataset
- PFOS appears to be persisting over time, in spite of ban



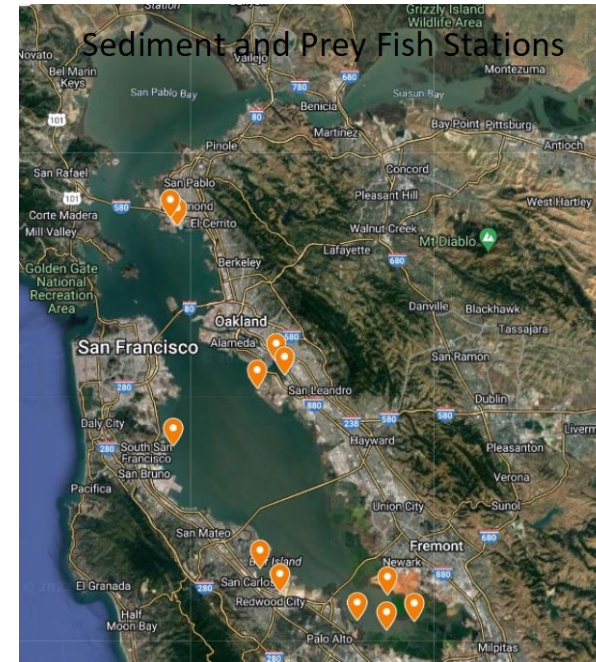
# Key Takeaways

- We are building a strong dataset for the Bay
- PFAS are in Bay fish
- PFOS predominates
- Levels are well above consumption thresholds established by other states
- South Bay appears to have higher levels that are persisting over time
- Draft Report (November 2023)
- Manuscript (January 2024)



# What's Next: RMP

- Pilot monitoring of prey fish this summer (August 2023)



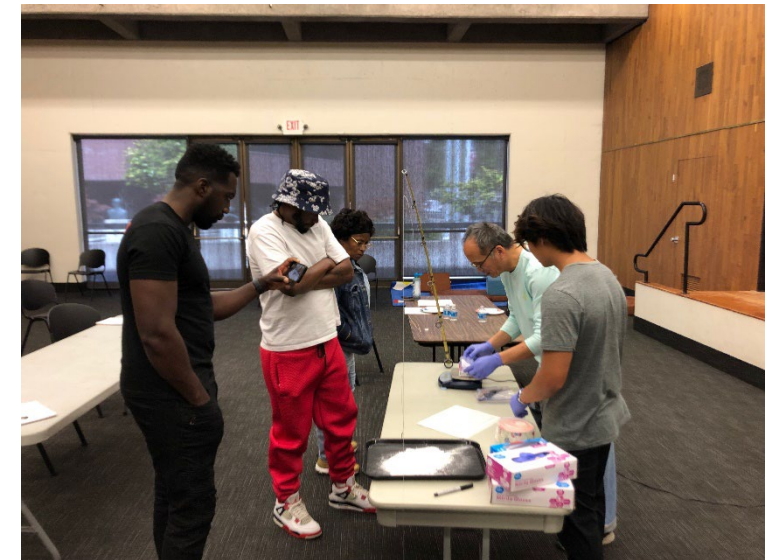
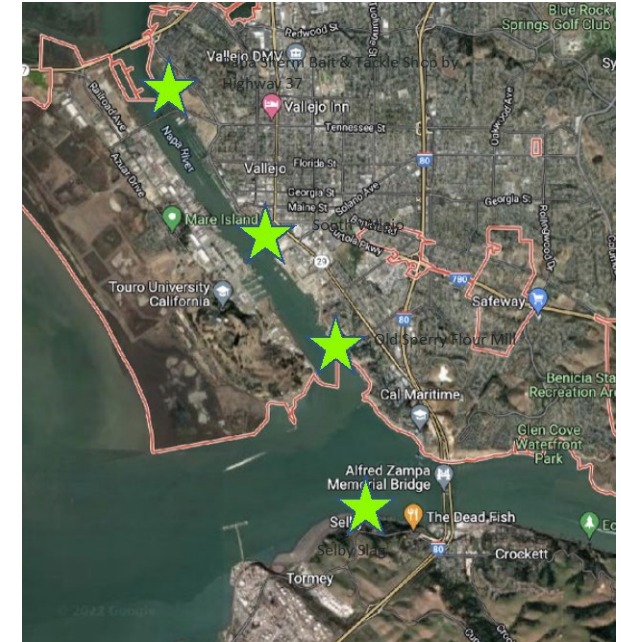
- RMP sport fish monitoring in 2024





# What's Next: Other Projects

- All Positives Possible Carquinez Strait Project (2023)
- State Water Board “Realignment”: community-driven monitoring in the Bay region (2025)
- Consumption survey questionnaire development – workshop with communities on Nov 3



# Acknowledgements

## Investigator Team

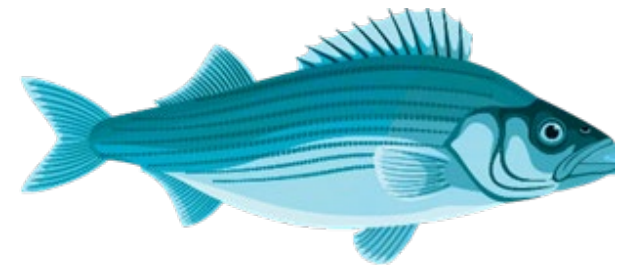
- Miguel Mendez
- Rebecca Sutton
- Jay Davis
- Don Yee
- Ezra Miller
- Adam Wong
- Marco Sigala
- Autumn Bonnema
- Wes Heim
- Richard Grace

## Others

- RMP Sport Fish Strategy Team

## Funding

- RMP
- Region 2



# For More Information

- RMP Fish Monitoring
  - [jay@sfei.org](mailto:jay@sfei.org)
- OEHHA Fish Advisories
  - [oehha.ca.gov/fish/advisories](http://oehha.ca.gov/fish/advisories)
- 2019 Technical Report on RMP Fish Monitoring
  - [www.sfei.org/documents/contaminant-concentrations-sport-fish-san-francisco-bay-2019](http://www.sfei.org/documents/contaminant-concentrations-sport-fish-san-francisco-bay-2019)
- RMP Data on Fish and Other Parameters
  - [cd3.sfei.org](http://cd3.sfei.org)
- SWAMP Bioaccumulation Realignment/Safe to Eat Workgroup
  - [bit.ly/BioaccumulationPrgm\\_Realignment](https://bit.ly/BioaccumulationPrgm_Realignment)
- SFEI PFAS Monitoring
  - [www.sfei.org/projects/pfas](http://www.sfei.org/projects/pfas)

